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TITLE 29--LABOR  
CHAPTER XVII--OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION, DEPARTMENT  
OF LABOR  
PART 1926--SAFETY AND HEALTH REGULATIONS FOR CONSTRUCTION--Table of Contents  
Subpart X--Stairways and Ladders  
Sec. 1926.1060 Training requirements.

The following training provisions clarify the requirements of Sec. 1926.21(b)(2), regarding the hazards addressed in subpart X.

(a) The employer shall provide a training program for each employee using ladders and stairways, as necessary. The program shall enable each employee to recognize hazards related to ladders and stairways, and shall train each employee in the procedures to be followed to minimize these hazards.

(1) The employer shall ensure that each employee has been trained by a competent person in the following areas, as applicable:

- (i) The nature of fall hazards in the work area;
- (ii) The correct procedures for erecting, maintaining, and disassembling the fall protection systems to be used;
- (iii) The proper construction, use, placement, and care in handling of all stairways and ladders;
- (iv) The maximum intended load-carrying capacities of ladders used; and
- (v) The standards contained in this subpart.

(b) Retraining shall be provided for each employee as necessary so that the employee maintains the understanding and knowledge acquired through compliance with this section.

#### Appendix A to Subpart X of Part 1926--Ladders

This appendix serves as a non-mandatory guideline to assist employers in complying with the ladder loading and strength requirements of Sec. 1926.1053(a)(1). A ladder designed and built in accordance with the applicable national consensus standards, as set forth below, will be considered to meet the requirements of Sec. 1926.1053(a)(1):

Manufactured portable wood ladders: American National Standards Institute (ANSI) A14.1-1982--American National Standard for Ladders-Portable Wood-Safety Requirements.

Manufactured portable metal ladders: ANSI A14.2-1982--American National Standard for Ladders--Portable Metal-Safety Requirements.

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Manufactured fixed ladders: ANSI A14.3-1984--American National Standard for Ladders-Fixed-Safety Requirements.

Job-made ladders: ANSI A14.4-1979--Safety Requirements for Job-Made Ladders.

Plastic ladders: ANSI A14.5-1982--American National Standard for Ladders-Portable Reinforced Plastic-Safety Requirements.